

# Choosing care at home

## Ageing at home



Many older Australians prefer to age at home rather than move into residential care. Home care can help maintain your independence for longer.



The support needed to stay at home can be provided by your spouse or family and friends.



Alternatively support can be provided through a home care service (privately funded or government subsidised), to reduce the burden on your spouse or family.

## Home care packages

As at 30 September 2020

**162,973** 

people receive home care packages

**926** 

approved home care providers

**42,900**

packages released in September 2020 quarter

## Four levels of approved packages

	Maximum daily government subsidy	Total annual budget (including client contributions)
Level 1	\$24.46	\$12,442.85
Level 2	\$43.03	\$19,425.30
Level 3	\$96.63	\$38,000.15
Level 4	\$141.94	\$55,731.85

Current to 30 June 2021

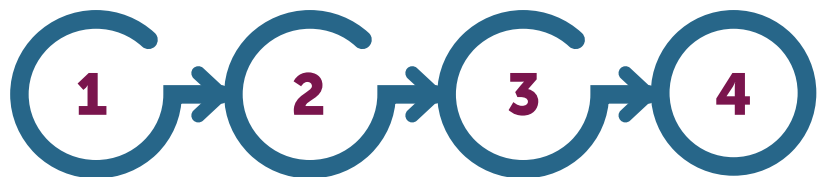
## The national queue



As at 30 September 2020 there were 99,268 people in the national queue\*. The wait could be more than 12 months, but 37% of those waiting received lower levels of care in the interim.

\*Dept of Health HOME CARE PACKAGES PROGRAM Data Report 1st quarter 2020/21

## How to access



### Assessment

Arrange for an Aged Care Assessment Team/Service (ACAT/ACAS) to assess your eligibility.

### Research

Start to research approved home care providers in your area while waiting for your package.

### Develop plan

Once a package is allocated to you, contact your selected provider and develop a budget and care plan.

### Start care

Sign a home care agreement and commence care.

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Clarity Financial Advice

Phone: 0430019136

Email:

kerry@clarityfinancialadvice.com.au

Website:

Clarity FINANCIAL ADVICE

